

# Reconcilable Differences

## One – Part 2

Ephesians 4:25-27, 29-32

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*"A home filled with strife and division destroys itself." Mark 3:25 (LB)*

### Bad Conflict Resolution Styles

1. **RATTLESNAKE** style.
2. **TURTLE** style.
3. **POSSUM** style.
4. **FLYING SQUIRREL** style.
5. **SKUNK** style.

### If You Are Going To Fight Right...

#### 1. BE **HONEST** WITH EACH OTHER.

*"Therefore, putting away lying, 'Let each one of you speak truth with his neighbor,' for we are members of one another." Ephesians 4:25 (NKJV)*

*"A lying tongue hates those it hurts, and a flattering mouth works ruin." Proverbs 26:28 NIV*

#### 2. CONTROL YOUR **TEMPER**.

*"Be angry, and do not sin: do not let the sun go down on your wrath." Ephesians 4:26 NKJV*

*"A fool gives full vent to his anger, but a wise man keeps himself under control." Proverbs 29:11 NIV*

*"Do you see a man who speaks in haste? There is more hope for a fool than for him." Proverbs 29:20 NIV*

*"Like a city whose walls are broken down is a man who lacks self-control." Proverbs 25:28 NIV*

#### 3. GUARD YOUR **TONGUE & TONE**.

*"Let no corrupt word proceed out of your mouth, but what is good for necessary edification, that it may impart grace to the hearers." Ephesians 4:29 (NKJV)*

*"The tongue has the power of life and death, and those who love it will eat its fruit." Proverbs 18:21 NIV*

*"Reckless words pierce like a sword, but the tongue of the wise brings healing." Proverbs 12:18 NIV*

### 8 Deadly Games Never To Play...

1. Never play **judge**.
2. Never play **professor**.
3. Never play **psychologist**.
4. Never play **historian**.
5. Never play **dictator**.
6. Never play **critic**.
7. Never play **preacher**.
8. Never play **mind-reader**.

#### 4. BE WILLING & ANXIOUS TO FORGIVE.

*"Let all bitterness, wrath, anger, clamor, and evil speaking be put away from you, with all malice. <sup>32</sup> And be kind to one another, tenderhearted, forgiving one another, even as God in Christ forgave you." Ephesians 4:31-32 (NKJV)*

*"...(love) keeps no record of wrongs." 1 Corinthians 13:5b (NIV)*